

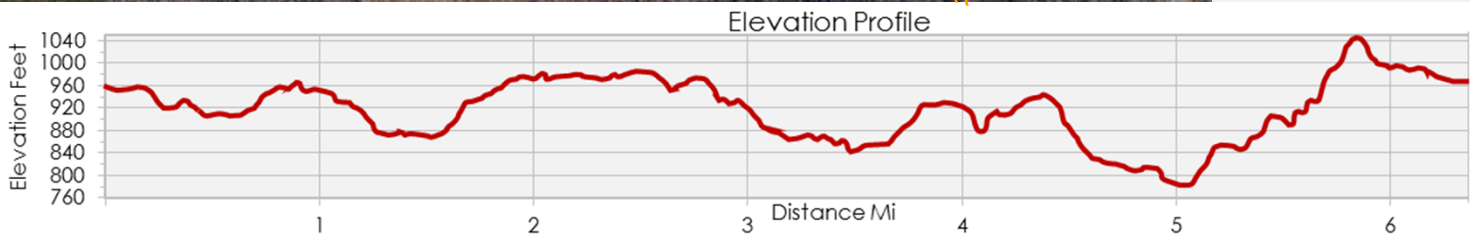


POSTOAK

Lodge Challenge
Sunday
Quarter Marathon



Elevation		
Max / Min	1040 ft	780 ft
Gain / Loss	1015 ft	1017 ft
Slope		
Max	19.8%	-18.7%
Avg	4.9%	-4.8%



Tulsa Running Club

3 Chicks and a Rooster

RIVERPARKS

SHERWIN WILLIAMS

Mile Junkie

T2 TRAIL RUNS

STORMY THE SNOWMAN

Fitness Protection Program

HOKA ONE ONE

POSTOAK LODGE & RETREAT

LIFESPEED SPORTS

Recovery Therapy

Sports & Fitness

BROKEN ARROW PAINTING

Tulsa Running Club